



CAVERSHAM
HARRIER & ATHLETIC CLUB

We run
marathons!



Edmond Cup - Tom - Donna - Katherine

Congratulations to **Jake-Jackson Grammer** on finishing second in the Senior 2 Lap Race in a time of 17.48 only 8 seconds from the winner Oli Chignell of Hill City. Jake won the **J.W. Geddes Cup** for being the first youth man home and was also awarded the **Pat Sidon Memorial Medal** as the first clubmember in the Edmond Cup. Caversham also finished a close second in the teams race to Hill-City University, other contributing team members being **AlexDodds 4th, Jonah Smith 8th, Andrew Smith Jimmy Flanagan and Ken McDonald.**

The 2 Lap Open Walk was an all Caversham Affair **Tom Cockerill** winning in 36.14 followed by **Katherine Van Der Vliet 36.19 and Donna Tumarū 36.52.** (Pictured Above)



Jordan



Caitlin



Petra



Katie



Oliver

In the Girls U13 race **Jordan-Evans Tobata** was first home in 2.48 followed by **Caitlin O'Brien 2.57, Petra Milne 3.12 and Katie Wong 3.13.** **Oliver Young** was 1st in the Boys U13 in 2.44 with Clubmate **Nathan Hill 4th** in 3.10. In the U.11Girls **Gracie Young** was 2nd, **Darcie Evans-Tobata 3rd** and **Leila McCormack 5th.** **Dan O'Brien** was placed 2nd in the Boys U11 recording the same time as the winner 3.25



Nathan



Gracie



Darcie



Leila



Dan

Jake Jackson-Grammer

Cavy Chat caught up with Jake Jackson - Grammer after his Edmond Cup placing.

Cavy Chat : Tell us a bit about yourself. Where are you from originally ?. What brings to Dunedin ?.

Jake : I am originally from Palmerston North where I studied at Palmerston North Boys High School , in 2014 I moved to Dunedin where I am currently studying towards a degree in civil engineering .

Cavy Chat : What made you decide to join the Caversham Harriers ?.

Jake : I had heard about the club through athletes while at meets up north , when I came to Dunedin I discovered how important tradition is to the club . This is important to me along with a friendly club atmosphere . I also look forward the large number of races available to compete in during the year .

Cavy Chat : You have been part of the winning team of both the Lovelocks and Ponydale Relays. Now, individual success in the Edmond Cup, a creditable 2nd and the Pat Sidon Memorial Medal. What does that mean to you ?.

Jake : Being a part of the club history and helping to achieve the best results possible for the club is very important to me . competing in these races are some of my highlights for the year , and create good memories , Caversham has a good group of athletes which makes inter-club races fun . Two of my flat mates also compete for Caversham .

Cavy Chat : You are also a accomplished Tri-Athlete with a big event coming up, tell us about that ?.

Jake : In October this year will be the world duathlon champs , where I am competing in the elite junior mens race , this will include athletes from around the world . I think it will be a tough race but I'm looking forward to it . My main sport is triathlon having won the age - group sprint nationals in taupo,2013 . I have a strength for cycling and have been running quite a bit lately which is good , the swim is my weakness but I'm working hard to prepare for the summer when I will be competing in numerous sprint and half ironmans .



Otago Cross County



One of the highlights of the day was the performance of **Josh Baan** in claiming his first senior men's title, that being the 2015 Otago Cross Country Champion. Other individual wins were recorded by **Nathan Hill** in the Boys U13 2k and **Jordan Evans-Tobata** in the Girls U13 2k Team successes were recorded in the Youth Men U18 comprising **Andrew Smith**, **Pat Flanagan** and **Ben Rowley**, Girls U13 of **Jordan Evans-Tobata**, **Petra Milne** and **Caitlin O'Brien** and the Girls U11 of **Darcie Evans-Tobata** **Ruby Sutton** and **Leila McCormack**. In the Open 4k Walk Event. **Julie Edmunds** was first over the line in 25min 21sec followed home by **Tom Cockerill** **Jim Kerse** and **Katherine Van Der Vliet**. Caversham won the **Joe Gough Memorial Trophy** for most points across all grades at the Otago Cross-Country one trophy we have never won before. **Ken McDonald** won the **Les Bradshaw Memorial Trophy** for the best aggregate recorded for the Edmond Cup and Otago Cross-Country Races.

Photo : Josh Baan 2015 Otago Cross Country Champion.





Andrew

Pat

Ben

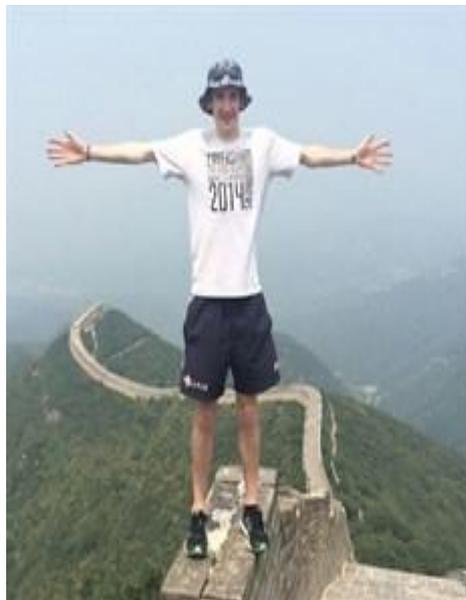
Ken

Clubmembers Overseas

Good to see that Caversham members are out there " world-wide"



Nick Heng in Singapore



Matthew Moloney in China



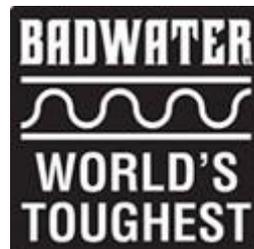
Peter Meffan in Kenya

Starting at 4.30pm (New Zealand Time) on Wednesday 29th July our clubmember **Glenn Sutton** will take on **Badwater 2015**.

"Click on the image below for Glenns Facebook page, click  **Like** to follow us in Badwater next week. I will be putting up updates as much as we can during the race". Media Man Bruce Adams.



Glenn's Facebook



Badwater Website

Brighton - Green Island & Up and Coming Events

Click on the logo to go to our Website which has all the details for the
Brighton to Green Island Road Races.



Clyde to Alexandra Road Races

Click below for Event Details

http://www.alexharriers.co.nz/uploads/84019/files/2015_10k_Entry_Form.pdf

Click below for Event Entry

<https://eventdesq.imgstg.com/index.cfm?fuseaction=main&EventDesqID=13976&OrgID=10660>

Marathon Requests " please sir "

The so called overseas elite runners try every trick to take part in the **Cadbury Dunedin Marathon**.

Dear sir/Madam, On behalf of me and the athletes i am working with. We would like to let you know that we do have an interest to run on your race event. It may be for pride or trophy. Just make us to run on this special event. If you can just arrange for us accommodation and free entry. To let you know invitation letter is necessary in our case to process our visa or you can make us other possibility. For further detail we can talk. Thank you in advance

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