



CAVERSHAM
HARRIER & ATHLETIC CLUB

We run
marathons!



Running - Walking the Routeburn Track

" When we got to Te Anau on Waitangi Day, there was snow down to 500m. We were running the Routeburn, snow or no snow !!. " , the words of Kerry Rowley. Along with son Ben , clubmembers Stu McComack, Peter Hughes and friends Katherine Boulton-Boomer, Joanna Coad and Audrey Phelan, Lloyd Rowley was on hand to drive them all to the Divide for an 8.15 am start, the forecast was perfect. " There was a bit of snow up on the top but none on the track ... just lots and lots of water ... the Earland Falls were in full blast ". Ben was having his first real mountain run, Kerry was impressed. " Ben had a blinder of a run and really, really enjoyed being up in the alpine area and snow. I think he has found his niche as a mountain goat ". Having been there before, this time seemed to be still special for Kerry. " The highlight for me was just getting a group of runners out there and doing it as I had already done it twice, being up at the Harris Saddle shelter was priceless ". Both Stu and Peter ran really well and were happy to be part of a great group of people.



Roger Leslie ... Stump the Hump

Roger Leslie was to head down South to take on the Stump the Hump 62km Walk. Roger takes us through the event. " At midnight on the Friday the hooter went at the start of the Hump Ridge Track and 206 hardy (and slightly stupid) souls turned on their head lamps and disappeared into the bush. Looking back from the other end of the Blueskin beach it was a great sight of 5km of headlights. 3.5 hours later had a bowl of hot porridge covered in brown sugar. Things went down hill from there and another 3.5 hours passed getting to Port Craig. We weren't allowed to cross the Percy Burn Viaducy and had to descend into the ravine and climb back out again (cruel) the track was very muddy and the going tough, 4 hours to get back to the end - the spring had gone from the step. a new walking record ...happy ... sore.

Roger took home two trophies, 1st Walker Home and Fastest Time recorded to Walk the track, Roger's time was 11h:00min:30sec.



The Smith Family Summer

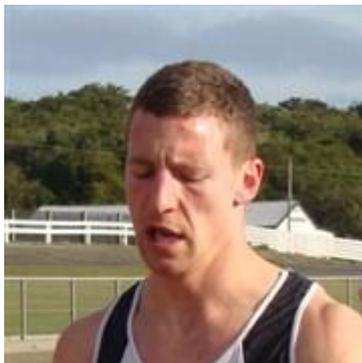
Summer was a very active time for the Smith family, in one form or another.



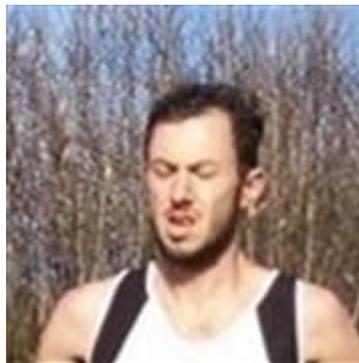
Mike on the bike - Nancy on the run - Andrew and Jonah on the track - Zinzan on Swampy

2015 Otago Track and Field Championships

It was a very good turnout of clubmembers for the 2015 Otago Track and Field Championship. First up was the **5000 metres** held on 7 February, honours in the Senior Mens went to **Jonah Smith** in a time of 16m18.97s and **Geoff Anderson** in 17m31.40s. On the weekend of the 14 and 15 of February there was further success for a number of clubmembers. **Ben Anderson** was "really stoked" to take out the 800m (1m52.29sec) and the 1500m (4m09.44sec) double. In the 3000m it was **Peter Meffan** that lead all the way to finish in a time of 8m28.67sec, 4th was **Jake Jackson Grammer** 9m14.43sec, 6th **Jonah Smith** 9m37.11sec and 7th was **Matthew Maloney** 9m46.30sec.



Ben Anderson



Peter Meffan



Geoff Anderson



Jake Jackson Grammer



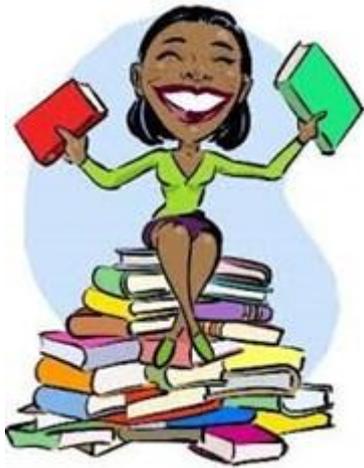
Jonah Smith



Matthew Maloney

It didn't end here as there were some very notable performances from **Alison Newall, Paula Cotter, Julie Edmonds, John Landreth, Andrew McCaig, Andrew Smith, Guy Guilford and Jimmy Flangan**. Click [HERE](#) to view their list of achievements.

Fundraising Book Sale



To kick-start the redevelopment of the Caversham Harriers clubrooms planned for later this year, **Janelle Kennedy** is organising a second-hand book sale on **Saturday 21 March between 9-11am at the clubrooms**. Everyone is welcome to come along, it is also a fun way of promoting the club, engaging our neighbourhood and an opportunity for everyone to purchase some cheap reading !. Janelle would be grateful if you can go through your bookcases and see if you have any books or magazines to donate to the cause, Anything not sold on the day will be passed on to the Regent Book Sale.

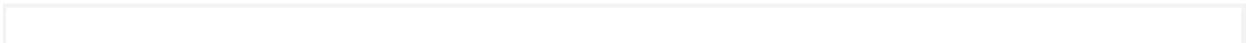
Initial Book Collection Times :

12.50pm-1.10pm Saturday 28 February : Logan Park Bus Shelter opp Forsyth Barr Stadium (meeting place for summer Walkers)

7.20pm-8.00pm Tuesday 3 March : At the Clubrooms

If neither of these times suit email Janelle at janelle.kennedy@otago.ac.nz and I can work something out for you. And please get in touch if you want to give me a hand on the day or with collecting books over the next few weeks.

Two Ladies in Action





Kerry Challenge Wanaka



Mary ICC Cricket World Cup

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