



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB

*We run  
marathons!*

## Cavy Chat for May 2014

Must thank those who have contributed to the "Cavy Chat", please keep any items and photos that you wish to share, coming. You can also join the clubs Facebook group, a great way of socializing with other clubmembers. This has lead to making contact with a former clubmember, **Andrew Green**, now living in California. Andrew was with the club in the late 80's early 90's and was for awhile a member of the Marathon Committee.



Photo : Andrew ( on the left ) passing on some tips to Owen Rooney on how to get his truck started at the finish of the 1993 Cadbury Moro Marathon

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## Action from the Lovelocks





## Race Convener

One of the most important parts of any Saturday afternoon race is the role of the club's Race Convener **Brian Watkins** (*left with black cap*). He has the job of laying out the course, putting those cones and barricades in place, then needs to organise officials. Assisted by **Ron** (*in the middle*) and **Laurie** (*on the right*) they go about comparing notes, starting times, handicaps, and then getting the walkers and runners to the line. With the timekeepers in place, walkers and runners are sent on their way, keeping a count of the laps there are ready along with the place recorders, with the stop watch to record race times. There is then the need to clean up the equipment after the event, so, a helping hand and a "thank you officials" puts a smile on their faces, and it's time for a well earned drink.



## A Day at the Races





## Marathon Matters

The month of May is a very busy time for the marathon committee, the good news is that via "Cavy Chat" we have been able to fill the role of secretary with **Esther Sibbald**, we welcome Esther to the team. There was also the need for someone to look after the Spot Prizes, a role held by **Dave McWhinnie** who will concentrate on the Children's Challenge Marathon. **Gerry Quaid** has offered to assist with the Spot Prizes but will not be available on race day as he has duties with the Drink Stations. The simple message is that we need more people to help with the organising, and assisting on the day of the event. There is now a need for us to have someone with marketing skills, so, if you, or you know someone who maybe able to assist us, then we would love to hear from you.



## Expressions of .... finishing !





At the end of 5,000 meters around the race track you think that you would like to look as good as when you started ? some do...some don't !

## Schools Relay and Ponydales

Another very successful **Schools Relay** with around 50 teams taking part in brilliant weather. Great reward for **Maria Sleeman, David Jackson and Dave Stinson** and many thanks to **Jim Law, Ron Cain, Evelyn Armstrong and Ian Dick** who helped on the day.



**Ponydales**, in the words of **Stu McCormack**.

*" A Ponydales to be remembered for sure " - " No one expected the ferocity with which the weather bomb hit " - " Full marks to those gallant athletes who continued in the senior race under such incredibly trying conditions "*  
 Photos by **Ian McDonald and Stu McCormack**.



## A Welcome to New Clubmembers

Really wonderful to see so many new members in both the "Walking and Running" groups. Firstly, we hope that you are enjoying all that the club has to offer. While this list maybe incomplete we will endeavor to add to it in the next "**Cavy Chat**", along with photos. Welcome to Walkers : **Anita Blackely : Rachel Brownlie : Rose Cayford : Lara Findlater : Jeana Jackson : Kirsty van Royen : Richard Wright**. Runners : **Lauren Parker : Stacey Hebbard : Donna Murray : Jo Slater : Alison Heather : Gareth Benic : James Dawson : Nathan White : Andrew McCaig**



**Next Issue**

As with all the photos in "Cavy Chat" there are more to view in the "Galleries" on the Club Website. The next issue of "Cavy Chat" will be out end of June. To keep up with Club happenings click onto the logos below. If you know any new clubmembers who haven't received "Cavy Chat" via email, have them go to our Website, at the bottom of the page find "Our Newsletter", they can fill in their name email address and this will add them to the data base. Would like to hear from those who are new to the club this year, some short comments or your impressions.



Contributions to [pcoakes@xtra.co.nz](mailto:pcoakes@xtra.co.nz)

" I am in a bit of bother here Karen, don't think I have paid my subs ?, Kerry tells me you love fish, so what do you reckon"



**Photo by John Stinson**

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