

Caversham Harriers and Athletic Club Inc.

Island Park Cross Country 2019

Mens Results

					Finish Order		Sealed Handicap
SM 8K	Jonah	Smith	252	29:32	1	47:12	NA
	Nathan	Shanks	181	29:48	2	47:25	5
	Ben	Pigou	23	32:01	3	44:08	4
	James	Clark	248	32:23	4	43:47	2
	Michael	Downe	240	35:12	5	43:59	3
MM 35-49 8k	Jonathan	Ryan	80	32:47	1	43:44	1
MU20 6K	Matthew	Wong	120	29:58	1	33:29	NA
MM50+ 4K	Dave	Sharp	35	16:51	1		
	Gordon	Wong	56	17:43	2		
	Ross	Gatenby	231	18:27	3		
	Alistair	McAlevey	242	19:03	4		
	Stu	McCormack	157	19:14	5		
	Steve	Stewart	191	20:06	6		
	Neville	Shanks	127	20:49	7		
	David	Stott	230	21:28	8		
	Ken	Fahey	95	21:37	9		
	Ken	Pullar	203	23:19	10		
	Phil	Coakes	139	24:21	11		
U16 Boy	Hadlee	Edmunds	212	08:48	1		
U12 Boy	Henry	Hodgson	183	05:03	1		
	Zaydan	Reynolds	216	06:35	2		

NA - Trophy winners ineligible for sealed Handicap

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Female Results

					Finish Order		Sealed Handicap
SW 6K	Laura	McRodden	188	28:24	1	42:07	NA
	Sophie	Stokes	213	29:09	2	41:16	4
MW 35-49 6K	Jennifer	Hodgson	184	28:54	1	42:01	NA
	Michelle	Watt	251	29:40	2	42:38	5
	Nicola	Wallis	241	30:23	3	37:47	1
	Jilly	O'Brien	74 (221)	32:08	4	38:30	2
	Sue	Kim	158	34:03	5	42:39	6
	Celia	Lie	229	35:15	6	43:51	7
	Evelyn	Armstrong	48	40:30	7=	40:30	3
	Karen	Rowley	92	40:30	7=	46:31	8
MW50+ 4K	Gail	Sharp	50	21:00	1		
	Donna	Tumaru	42	21:13	2		
	Rachael	McKinney	253	22:37	3		
	Alison	Newall	12	23:03	4		
	Lesley	McCormack	105	24:02	5		
WU20 4K	Caitlin	O'Brien	219	19:40	1	25:10	NA
	Katie	Wong	94	26:28	2	26:28	1
U12 Girl	Julia	Hodgson	185	05:51	1		
	Penelope	Hodgson	215	06:45	2		
	Jorja	Rowe	245	07:06	3		
	Genevieve	Hodgson	214	05:43			

Walkers Results

					Finish Order
Alexander	Brown	206	23:36	1	
Katherine	Van der Vliet	205	30:03	2	
Margaret	McDermott	112	30:44	3	
Colin	Dick	31	31:23	4	
Jim	Law	77	32:12	5	
John	McDermott	182	32:24	6	
Phil	Bray	141	32:53	7	

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